



Pick up 10 pieces of trash on campus.

Art by Tate, age 9, NSW, Australia



Get Inspired

Quote

"Small acts, when multiplied by millions of people, can transform the world."

Unknown

Fact

An estimated 51 billion pieces of litter wind up on America's roads and roadsides every year.



Shake It Up

Stand up. Run in place as you count to 20. Touch your toes 10 times.
Do 5 Jumping Jacks.

"I am making a difference!"



Talk It Out

1. How do you feel when you see trash at your school or in your neighborhood?
2. Did you know that trash and litter affect our ecosystem and the animals that live in it?
3. How would you feel if you helped make a difference at your school and in your neighborhood?



Do It!

1. Let's go clean up our school!
2. Put on some gloves and notice where the trashcans are around school.
3. With your teacher, quietly walk around campus and collect 10 pieces of trash.
4. Toss your trash in a recycling bin or trashcan.
5. As a bonus, safely pick up more trash after school as you head home.
6. Smile big knowing you are helping to keep our earth clean and beautiful!

Pick up 10 pieces of trash on campus.

SEL Competencies

Responsible Decision-Making

Identifying Problems
Solving Problems
Ethical Responsibility

Relationship Skills

Teamwork
Social Engagement

Self-Awareness

Self-Confidence

Timeframe

35 min

Materials Required

Gloves for trash
collecting



Get Inspired

Quote

Invite a student to read the quote.

Fact

An estimated 51 billion pieces of litter wind up on America's roads and roadsides every year.

[Source](#): Keep America Beautiful



Shake It Up

Get your students moving. Invite them to do the following activity:

1. Stand up. Run in place as you count to 20. Touch your toes 10 times. Do 5 Jumping Jacks.
2. When finished, have your students say, "I am making a difference!"



Talk It Out

Encourage your students to reflect on the provided questions.

1. How do you feel when you see trash at your school or in your neighborhood?
2. Did you know that trash and litter affect our ecosystem and the animals that live in it?
3. How would you feel if you helped make a difference at your school and in your neighborhood?



Do It! (as a class)

Encourage your students to safely do the following:

1. Let's go clean up our school!
2. Give your students gloves and tell them to notice where the trashcans around school are.
3. With you supervising, escort your students outside and have them quietly walk around campus and collect 10 pieces of trash.
4. So that you don't have to create more trash with trash bags, have your students toss their trash in a recycling bin or trashcan.
5. As a bonus, encourage your students to safely pick up more trash after school as they head home.
6. Congratulate your students for helping to keep our earth clean and beautiful!