

Tuolumne County Health and Human Services Agency

Rebecca Espino Director

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Date: January 10, 2022

ORDER OF THE HEALTH OFFICER OF THE COUNTY OF TUOLUMNE MODIFYING COVID-19 ORDERS

WHEREAS, a declaration of emergency was issued by the Governor of the State of California on March 18, 2020, and local emergencies have been declared in Tuolumne County in response to the virus COVID-19; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH) have issued new isolation and quarantine guidance for individuals; and

WHEREAS, the Centers for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH) have issued new quarantine guidance for individuals to test out of isolation or quarantine to shorten the time period in isolation and quarantine; and

WHEREAS, the California Department of Public Health (CDPH) has issued guidance through an All Facilities Letter for healthcare workers including Emergency Medical Services personnel,

WHEREAS, the California Department of Public Health (CDPH) has issued guidance for students in the Kindergarten through Grade 12; and

WHEREAS, the California Division of Occupational Safety and Health (also known as Cal/OSHA) has issued Emergency Temporary Standards for COVID-19 Prevention, and

WHEREAS, I, as the Interim Health Officer for the County of Tuolumne, issued a Health Officer's Order regarding Youth Extracurricular Activities and Youth Sports, and

NOW, THEREFORE, under the authority of California Health and Safety Code sections 101040, 120175, and 120175.5(b), the Tuolumne County Health Officer HEREBY MAKES THE FOLLOWING ORDERS, which shall be applicable within the County of Tuolumne:

- 1. All persons residing in the County of Tuolumne, except those covered under the CDPH All Facilities Letter (AFL) for Healthcare Workers, and who test positive for the virus that causes COVID-19 shall:
 - a. Isolate themselves for a minimum of five days after onset of symptoms or a positive test result, whichever is earlier.
 - i. A person may be released from isolation on the sixth day after onset of symptoms or a positive test result, if the person has improving symptoms, does not have a

- fever and has a negative test result obtained on the fifth day (the antigen test is preferred, but PCR is acceptable).
- ii. If person has improving symptoms and is fever free, but has a positive test result, then isolation continues and they may continue daily testing until a negative test result is obtained or ten days have elapsed since onset of symptoms or a positive test result.
- b. If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after ten days from the onset of symptoms or a positive test result.
- c. This isolation period may be extended until the person has improving symptoms and is fever free.
- d. Follow additional guidance provided by CDPH at: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx

2. All close contacts of anyone isolated under this order, except those covered under the CDPH All Facilities Letter (AFL) for Healthcare Workers, will be placed into a 5-day quarantine with the following exceptions:

- a. Boosted or vaccinated, but not yet booster-eligible (see definitions below) persons with no COVID-like symptoms do not need to quarantine. They shall wear a well-fitting mask while around others, especially while indoors. They should test on the fifth day after their last exposure.
- b. Boosted or vaccinated, but not yet booster-eligible people who do not quarantine should still monitor for symptoms of COVID-19 following an exposure.
- c. If boosted or vaccinated, but not yet booster-eligible people experience symptoms, they should isolate themselves from others, be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated, and inform their health care provider of their vaccination status at the time of presentation to care.
- d. An unvaccinated person may test on the fifth day after their exposure. If that test is negative, the person may be released from quarantine on the sixth day after their exposure. That person shall wear a well-fitting mask. That person should continue to monitor for symptoms after their exposure.
- e. A booster-eligible person, but who has yet to receive a booster, may continue to work while in quarantine as per the CalOSHA Emergency Temporary Standards Frequently Asked Questions (https://www.dir.ca.gov/dosh/coronavirus/COVID19FAQs.html#iso, footnotes under Table 2). In addition to testing on day 5 as per the CalOSHA guidance, a booster-eligible person shall also test on day 1, wear a medical/surgical mask, and continue to monitor for symptoms. They should not travel outside of work and home to reduce exposures. They should receive a booster shot at soon as possible.
- f. An unvaccinated or booster-eligible student in the K-12 school setting can do modified quarantine. Modified quarantine is permitted when an exposure occurs in the school setting where both the case and the contact are wearing face masks. During modified quarantine, student may attend scheduled classes, co-curricular events, and participate in extracurricular, but may not be a spectator at extracurricular events or attend community events; and must otherwise be at home. In addition to the test on the fifth day, the student should test on the first day of quarantine. Quarantine is otherwise as above and requires wearing of a well-fitting mask.

For the purpose of this order:

- People are considered boosted if they have completed the original series of an mRNA vaccine (Pfizer or Moderna) or a single dose of the Johnson and Johnson vaccine and received an additional dose of any approved vaccine.
- People are considered vaccinated, but not yet booster-eligible if they have completed the

- original series of an mRNA vaccine (Pfizer or Moderna) within the previous six months or a single dose of the Johnson and Johnson vaccine within the previous two months.
- People are considered booster eligible if they have completed the original series of an mRNA vaccine (Pfizer or Moderna) more than six months previously or a single dose of the Johnson and Johnson more than two months previously.
- Isolation is defined as "separation of sick people with a contagious disease from people who are not sick."
- Quarantine is defined as "separation and restricts the movement of people who were exposed to a contagious disease to see if they become sick."
- Close contact is defined as "anyone who has been within six feet for a cumulative total of 15 minutes or longer within a 24-hour period of a person who has tested positive for COVID-19."

The California Department of Public Health (CDPH) and the Center for Disease Control (CDC) may recommend further guidance.

This Order shall be effective immediately and will remain in effect until further notice.

I, as Health Officer for the County of Tuolumne, encourage voluntary compliance with this Health Officer's Order. However, violation of this order is subject to fine, imprisonments or both (California Health and Safety Code Section 120295.)

Eric Sergienko, MD, MPH Health Officer 1-10-2022 Date