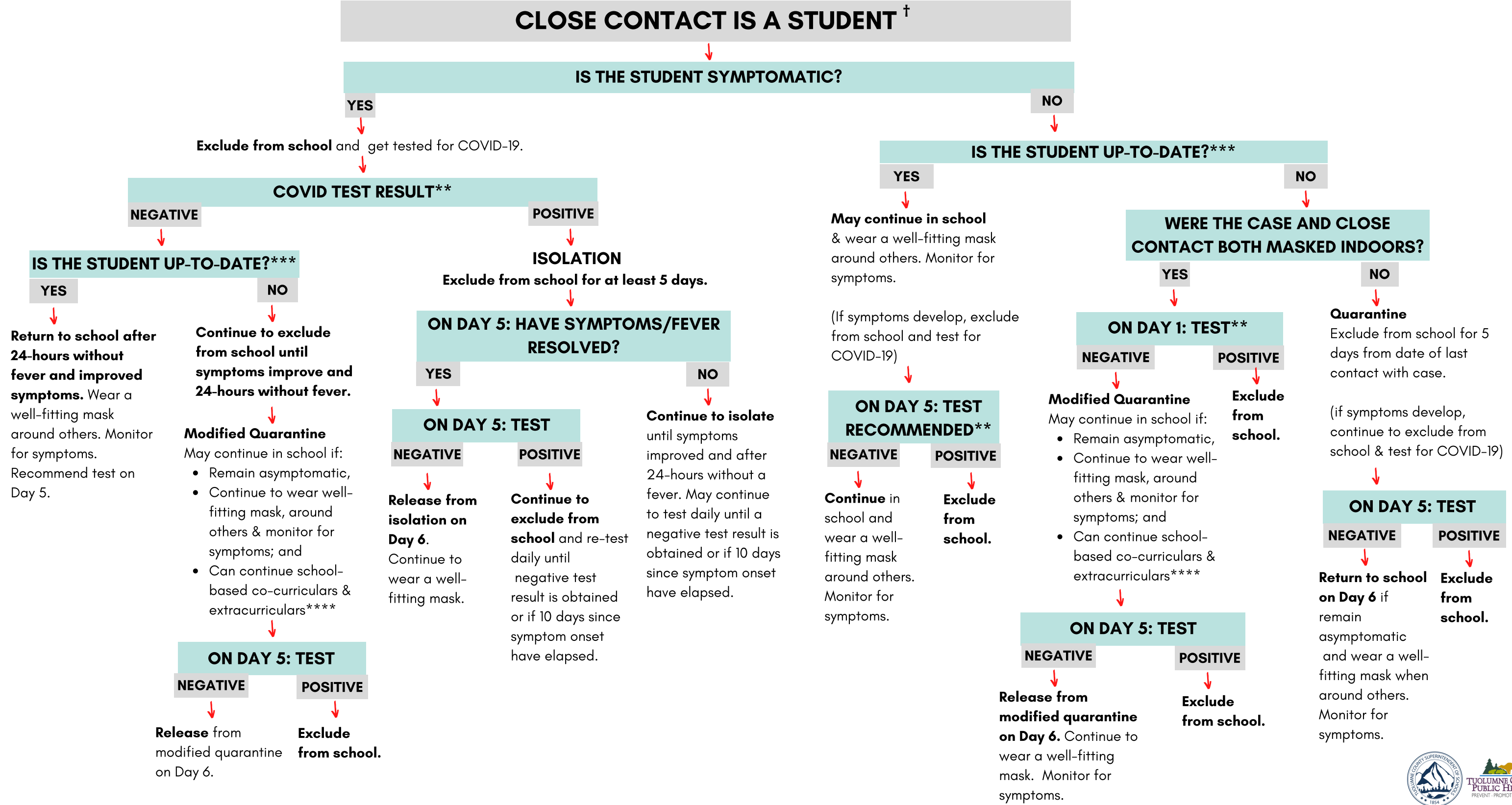


ISOLATION & QUARANTINE FLOW CHART FOR INDOOR CLASSROOM SETTINGS

[2021-2022 COVID-19 PUBLIC HEALTH GUIDANCE FOR K-12 SCHOOLS IN CALIFORNIA](#)
[CDPH GUIDANCE ON ISOLATION AND QUARANTINE 12-30-2021](#)
[TUOLUMNE HEALTH OFFICER ORDER 1-10-2022](#)

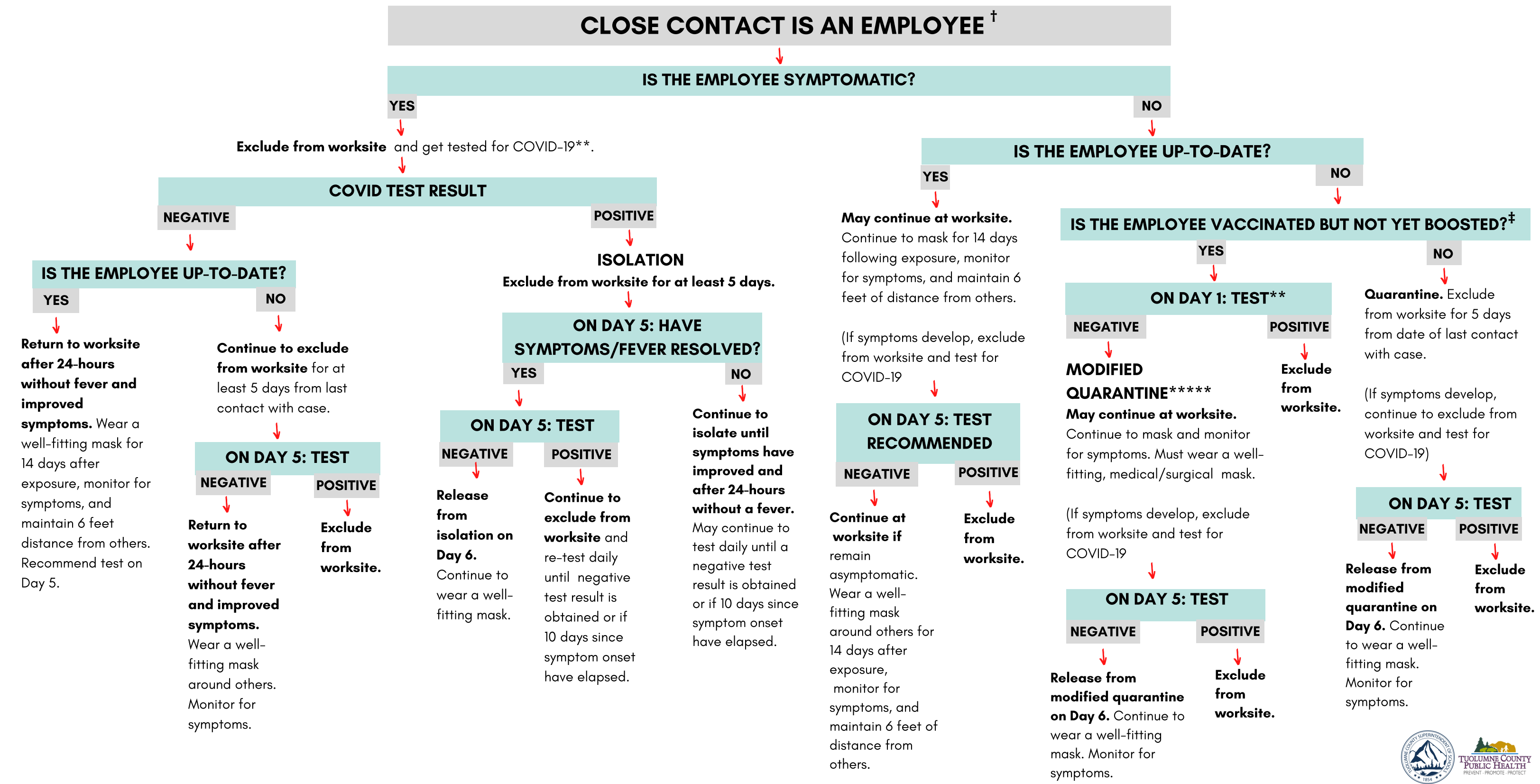
! **IMPORTANT:** This flow chart is applicable for exposures that occur in indoor classroom settings NOT exposures in a household or other non-school setting.



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*Close contact is defined as within 6 feet for more than 15 minutes over a 24-hour period.

**Antigen testing preferred if symptomatic or if testing on or after Day 5. If unable or choosing not to test, then isolation or quarantine can end after Day 10 if no symptoms or if symptoms have resolved and without fever for 24-hours. Per [CalOSHA guidance](#), employees cannot self-administer and self-read unless observed by the employer or an authorized telehealth proctor.

***People are considered up-to-date if they are boosted or vaccinated, but not yet booster eligible. People are considered boosted if they have completed the original series of an mRNA vaccine (Pfizer or Moderna) or a single dose of the Johnson and Johnson vaccine and received an additional dose of any approved vaccine. People are considered vaccinated, but not yet booster-eligible if they have completed the original series of an mRNA vaccine (Pfizer or Moderna) within the previous five months or a single dose of the Johnson and Johnson vaccine within the previous two months. People are considered booster eligible if they have completed the original series of an mRNA vaccine (Pfizer or Moderna) more than five months previously or a single dose of the Johnson and Johnson more than two months previously.

Refer to [local](#) and [state](#) health orders for comprehensive definition list and additional information.

****Please refer to local Health Officer Order on Youth Sports and Extracurricular Activities [here](#). If participating in activities, all participants must wear a well-fitting mask.

*****Refer to local public health order [here](#). More information on CalOSHA guidance can be found [here](#).

† All close contact and case information (Including masking information) should be reported to public health in SPOT or email to the Public Health School Liaison Unit.

‡ Those who have a documented positive COVID-19 test and are within 90 days of symptom onset or test date (if there were no symptoms) do not have to quarantine. If symptoms develop, they should test and stay home. If an unvaccinated employee is a close contact, has had COVID-19 in the preceding 90 days from exposure, and remains asymptomatic, they do not have to be excluded from the worksite.

TERMS:

- **SYMPTOMS: High Risk** (need 1): fever/chills (100.4°F), difficulty breathing, loss of taste or smell, new or worsening cough. **Lower Risk** (need 2): sore throat, congestion/runny nose, headache, body aches, nausea/vomiting/diarrhea. If only one low risk symptom, follow school illness policy.
- **DATE OF LAST EXPOSURE:** Date that the close contact was last in contact with the case.
- **EPISODE DATE or DAY 0:** Date of symptom onset. If asymptomatic, date test was taken.
- **INFECTIOUS WINDOW START DATE:** 2 days before Episode Date. Infectious window start date to the date the case was last on campus/worksite is the timeframe to identify close contacts.
- **QUARANTINE:** Applies to close contacts and begins the day of last exposure to a case. Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- **ISOLATION:** Applies to positive COVID-19 cases and begins on symptom onset date or date of test if asymptomatic. Separates sick people with a contagious disease from people who are not sick.

LINKS:

- CDPH Schools Hub: <https://schools.covid19.ca.gov/>
- School Guidance FAQ: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Schools-FAQ.aspx>
- CDPH Face Covering FAQ: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Face-Coverings-QA.aspx>

TESTING RESOURCES

- It is recommended to test at least 5 days after last exposure from a positive COVID-19 case or immediately if symptoms develop.
- Free State COVID-19 Testing Site at the Mother Lode Fairgrounds: <https://lhi.care/covidtesting>
- County Office of Education testing support contact: asmith@csos.us
- Collection of test specimens may occur in schools, healthcare settings, or other locations supervised by school or healthcare personnel. Specimens may be processed at point-of-care or in a laboratory.